

Reasons Why Believers Lose Confidence in God

Definition of Real Confidence in God:

→ Real Confidence in God is the unwavering trust, assurance, and boldness a believer has — not in their own ability — but in God's character, His Word, His power, and His promises.

Proverbs 3:26 — "For the LORD will be your confidence and will keep your foot from being caught."

I. Lack of Knowledge of God's Word

Hosea 4:6 — "My people are destroyed for lack of knowledge..."

- When believers don't know what God has promised, it's easy to lose confidence.

Life Application:

- Spend daily time reading and meditating on the Word.
 - Memorize scriptures that build faith in difficult times.
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II. Focusing on Circumstances Instead of God

Matthew 14:30 — "But when Peter saw the wind, he was afraid and, beginning to sink, cried out, 'Lord, save me!'"

- Looking at problems more than God leads to fear and doubt.

Life Application:

- Learn to see situations through the lens of faith, not fear.
 - Practice praise during hard times to shift your focus to God.
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III. Unanswered Prayers or Delays

Proverbs 13:12 — "Hope deferred makes the heart sick..."

- Waiting without understanding God's timing can weaken confidence.

Life Application:

- Remember: Delay is not denial.
 - Keep a journal of answered prayers to remind yourself of God's faithfulness.
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IV. Listening to Negative Voices (Self or Others)

Numbers 13:31 — “We can’t attack those people; they are stronger than we are.”

- Wrong voices will kill right visions.

Life Application:

→ Surround yourself with faith-filled people.

→ Speak God's Word over your life, even when you don't feel it.

V. Sin or Guilt

1 John 3:21 — “Beloved, if our heart does not condemn us, we have confidence before God.”

- Guilt and shame can rob you of confidence in approaching God.

Life Application:

→ Repent quickly and receive God's forgiveness.

→ Don't live in condemnation — live in grace.

VI. Forgetting Past Victories

Psalms 77:11 — “I will remember the deeds of the Lord; yes, I will remember your miracles of long ago.”

- Forgetting what God has already done weakens trust.

Life Application:

→ Write down testimonies.

→ Celebrate and share your past victories often.

VII. Spiritual Burnout or Weariness

Galatians 6:9 — “Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.”

- Fatigue can make faith feel distant.

Life Application:

→ Rest is spiritual. Take care of yourself physically and emotionally.

→ Stay connected in community and prayer.

Final Encouragement Scripture

Hebrews 10:35-36 — “So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised.”

SCRIPTURES ON CONFIDENCE

1. Hebrews 10:35-36 (NKJV)

*"Therefore do not cast away your **confidence**, which has great reward. For you have need of endurance, so that after you have done the will of God, you may receive the promise."*

→ *Reason:* Confidence in God is connected to receiving His promises. It sustains us while we endure trials.

2. Philippians 1:6 (NKJV)

"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ."

→ *Reason:* Confidence reminds us that God finishes what He starts in us — He doesn't abandon His work.

3. 1 John 5:14-15 (NKJV)

"Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him."

→ *Reason:* Confidence assures us that God hears and answers our prayers according to His will.

4. Hebrews 4:16 (NKJV)

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need."

→ *Reason:* Confidence gives us boldness to approach God without fear, trusting in His mercy and grace.

5. 2 Corinthians 3:4-5 (NKJV)

"And we have such trust through Christ toward God. Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God."

→ *Reason:* Our confidence is not in ourselves but in God's ability and sufficiency working through us.

6. Ephesians 3:12 (NKJV)

"In whom we have boldness and access with confidence through faith in Him."

→ *Reason:* Through faith in Christ, we have access to God — we can come before Him with boldness and confidence.

7. 1 John 3:21-22 (NKJV)

"Beloved, if our heart does not condemn us, we have confidence toward God. And whatever we ask we receive from Him, because we keep His commandments and do those things that are pleasing in His sight."

→ *Reason:* Confidence flows from a clean heart and obedience, allowing us to ask freely and receive from God.

Why We Need Confidence in God:

- To stand firm in trials and challenges (Hebrews 10:35-36)
 - To trust God's work in our lives (Philippians 1:6)
 - To pray effectively and receive answers (1 John 5:14-15)
 - To boldly approach God's presence (Hebrews 4:16)
 - To rely on God's sufficiency, not our own (2 Corinthians 3:4-5)
 - To enjoy unhindered access to God (Ephesians 3:12)
 - To overcome condemnation and operate in faith (1 John 3:21-22)
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